



ROOTED

FAMILY EXPERIENCE

Commit to be rooted!

Say: Commitment is a reflection of the character of God.

Do: We encourage each of you to sign below. This serves as a reminder of your commitment to learn together what it means to be rooted in Christ!

Who is God? - Romans 8:1-2

Say: It's important to know who God is so that we can become more like Him. He wants to show Himself to us. One of the ways we discover more about God is by reading the Bible.
(Kids can't read yet? Share some of your favorite scriptures out loud!)

Do: "Characteristics of God" Game

Begin the game by saying "God is Able". Continue the game with each family member naming a characteristic that starts with the next letter of the alphabet. (Example: B-big, C-creator... If you'd like, write down the words and see how many more you can add during the week!)

How does God speak to us? - Ephesians 6:17-18

Say: God can speak to us during prayer. He can speak to us as we read the Bible, and He can speak to us as we spend time with other people who love Him. He is always available to talk, and He hears us every time!

Prayer makes your relationship with God stronger and is a time for us to communicate with God. It is a time when we speak and also a time when we listen! You can talk to God anywhere, at any time.

Do: Find somewhere in your house where you have never prayed before. Is it a closet? Bathroom? Under your bed? Go there now and ask God to help you make time for Him every day. Pray, "God, please help me to remember to pray to you often so I can have a strong relationship with you. I love you, God. Amen" After you have prayed, spend some time listening as well.

Where is God in the midst of suffering? - Philippians 4:6-7

Followers of God will have troubles, tragedies and hardships. It is natural to respond with confusion and heartache, especially when our children are impacted. As a parent, how do you begin to address this with your kids? This week, we want to point you to an excellent family resource called *Parent Cue*, where you will find help on this very topic. We also encourage you to download the *ParentCue* app where you will find a host of topics that will serve to help as you raise your kids.

Resource:

"How to talk to your kids about tragedy" - theparentcue.org/how-to-talk-to-your-kids-about-tragedy/

There is an enemy - Colossians 1:13

Say: Did you know God has given us armor to wear? It's important that we put it on everyday! (Throughout the week share with your kids what you are learning about each piece of the armor of God.)

Do: To help them grasp this amazing gift, take a moment each morning and "put on" the armor of God together by acting out each piece.

The belt (truth), shoes (gospel of peace), helmet (salvation), breastplate (righteousness), shield (faith) and the sword (Bible).

How can I make the most of my life? (part 1) - Ephesians 2:10

Do: When you get ready in the morning, just do half of what you normally do. Comb one side of your hair. Brush one side of your mouth. Put on one sock and one shoe. Your kids just might notice! (Or you can help your kids get 'half' ready if you'd like.) It's awkward, right?

Now go back and go all in. Brush all of your hair, every tooth in your mouth, and get shoes on both feet. Much better.

Say: Living for God means going all in. It means telling all of the truth all of the time. It means doing the right thing even when no one is looking. It means being a good friend even when someone's not doing their part. It means obeying your parents all the way, not just enough to get by. Ask God to help you go ALL IN this week.

How can I make the most of my life? (part 2) - Matthew 25:40

Say: God showed us the greatest act of kindness when He sent us His only Son to die for our sins. And because of that kindness, we can, in turn, show kindness to others. It's like kindness dominoes.

Do: If you have a game of dominoes, grab a family member to set up a chain and then knock them over, spreading "kindness" all over. If you don't have dominoes, get creative and find some boxes or hardcover books to arrange like dominoes.

Say: Know that God's kindness can spread to the world through you!

How does God view money? - Matthew 6:19-21

It's wonderful to understand finances from a Kingdom perspective and to learn to manage money well. Here are some tips from Dave Ramsey that you can use as you teach your kids these important principles:

- Use a clear jar to save so they can see the money "growing". Make a big deal out of this!
- Show them that stuff costs money. Take actual cash to the store to purchase an item and allow them to complete the transaction with the cashier.
- Give commissions, not allowances. Pay them commission, based on agreed upon work. Help them understand money is earned.
- Stress the importance of giving. Eventually they'll see giving doesn't just affect the people they are giving too, it affects them as well!

Why and how should I tell others? - 1 Peter 3:15

Say: What are some of the great things God has done in your life? What are some of the gifts and blessings He has given you?

Do: Grab a sheet of paper and cut out several strips. Write on each one something wonderful that God has done for you. Stick those strips somewhere you can see them each day like on your bathroom mirror, the refrigerator, or a school folder. Throughout the day, as you are reminded of those great things God has done, try to share them with others. Turn each strip over as you share it with someone until all of the strips are turned over.

As you experience the excitement of sharing what God has done for you, you'll want to continue to share because you can't help it!

Why is the Church important? - Hebrews 10:24-25

Say: The church is like a body made up of many different parts to accomplish important things. Not all the parts do the same thing, but all are necessary. The same is true for the church! If one person does not do their part, it limits what can be accomplished. We all have a role that contributes to the work God wants us to do together.

Do: Talk as a family about how you each are an important part of the church. Celebrate each others unique abilities and commit to encourage each person in how important they are to the body of Christ. When the body of Christ works together, we can change the world!